

Mini™



It's easy to use

Just a few minutes a day on the Mastercare Mini can relieve back pain and stress on the joints and the spine. It can also realign the pelvis with a few simple stretching movements.



The Mastercare Mini is great for relief of muscle spasm as well as neck, shoulder, knee and hip problems! It can also help reduce pain associated with nerve-root pressure and sciatica.



Mastercare Mini™

Back-A-Traction®

Natural spinal decompression

- Pain-relief
- Stretching
- Relaxation
- Circulation
- Stabilization
- Mobilization
- Strengthening
- Toning



Think of tomorrow – Act Now!

Safety Concept & Features

- o Professionally designed for home use
- o Safety lock: inverts in horizontal and 15°
- o Padded moving back-rest
- o Padded foot-pads - easy to adjust
- o Sturdy construction with side supports
- o Adjusts to heights up to 215 cm / 7'5"
- o Maximum weight of 100 kg / 220 lbs
- o Folds easy for storage
- o 24 month limited warranty
- o Scientifically Supported
- o Dimensions folded: H:124 cm/48,8" W:21 cm/8,3" L:53 cm/20,9"
- o Weight: 19 kg / 42lbs

Note: As with any therapy equipment, you should consult your physician before regular use.

Your local dealer:

Master-care®

Mastercare Mini™

Back-A-Traction®

Professionally designed for well-being and back-comfort at home



Decompress - Relieve - Prevent!

Prevents and effectively treats back, neck, shoulder and knee problems.

Relieve spine and joints with

Mastercare Mini™ Back-A-Traction®



**FOLDABLE
PORTABLE
AFFORDABLE**

The **Moving back-rest™**, that responds to your body movements while doing a few simple therapeutic exercises, makes it possible to increase the effect of natural decompression and improve the blood-circulation. In general it renders a decompression throughout the entire body.

The concept of natural decompression of discs and joints in combination with simple therapeutic exercises in 15° inversion has been developed together with experienced medical doctors and physical therapists in Sweden.

Studies prove that Mastercare Back-A-Traction is of great aid in any back related problems.

Try yourself – now you can take control of your pain – No need to suffer any longer!

Swedish Design



We reserve the right to make changes to the design and specification without notice.

The brand new Mastercare Mini table was roughly tested at the **DAKAR 2007 Rally** by Fred LEPAN.

"Many other drivers, intrigued by our working session in the table, were all impressed by the capabilities of the Mastercare Mini table after trying themselves."

Gerard Grouard, Kinesitherapist and Osteopath, France



N° 076 Fred LEPAN, France



Fred LEPAN France,
Driver No. 76
at The Dakar Rally



Master-care®
Back-A-Traction®

Mastercare AB providing
unique back care solutions
world wide since 1987.

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